

Adoptive, foster, kinship resource list

West Central MN

Sarah How

Audubon, MN, Sarah@sarahhow.com, 701-367-6687

<https://www.sarahhow.com/>, <https://www.speaktil.com/>

(Psychologist, Adoptive Mom, Nurtured Heart teacher, author, speaker)

Sarah Coumbe-Guida

Bemidji, MN, 218-255-2163

Behavioral Specialist, adoptive mom, teacher, Camp of Champs, Character Challenge Course

cg.consulting@yahoo.com, www.campofchampsmn.com

Lakes Area Adoption Support

Lori & Jeff Kenney, Audubon, MN, 701-238-8046

Library, annual retreat, getaway cabin, individual support for moms

adoptiveretreat@gmail.com, adoptiveretreat.com

FB: Lakes Area Adoption Support (We have a public and private page)

Healing Hearts Horse Ranch

Anita Mycke, Perham, MN

Healingheartsmn.org, healingheartsmn@gmail.com, 218-298-1864

Providing safe and positive programs for hurting children & their families

Firefly Fields Youth Ranch

Emily, Vergas, MN (218) 850-1477

<https://fireflyfieldsranch.wixsite.com/ffyr>

FFYR exists to be a light for those in need by shining the hope of Jesus through animals & nature

Ben Nesbitt

Attachment/trauma focus and TBRI therapist

West Central Counseling, Alexandria 320-759-3096

bnesbitt@westcentralcounseling.com

Allison Olson

Fergus Falls, MN, 218-205-0511

Connection and support for foster and adoptive families in Ottertail County, MN

The Connection/OTC Foster Closet

Fergus Falls, MN, Heidi Strommen, 218-736-5654

Providing Needed Items to foster families and children in need at no cost

FB: The Connection/OTC Foster Closet

Feed the Fish

Shirley & Rick Umburger, 218-791-0848 Vergas, MN

feedthefish4@gmail.com

Serving Jesus by providing the children a place to come to enjoy the outdoors (fishing & camping)

TruLife TLC Foster Closet of Becker County

Tonya Trusty, 507-469-9224

trustytonya@hotmail.com

Providing clothing & support to foster, adoptive and kinship families in Becker County

Solutions Behavioral Healthcare Specialists

(Detroit Lakes & Moorhead & Fergus Falls)

<http://www.solutionsinpractice.org/>

MINNEAPOLIS METRO AREA:

Tiffany Bobendrier

Andover, MN, 612-868-2725

“Village 127” support group and spring adoptive moms retreat (held in Little Falls, MN)

<https://www.bobendriercounseling.com>, tbobendrier@gmail.com

Kari Nokken

Blaine, MN, 651-470-7871

Patiently Waiting, adoption and infertility support

kari@patientlywaiting.org, Patientlywaiting.org

Jennifer Hanson

Stillwater, MN, 651-353-6990

Embrace Network of support groups in the Minneapolis Metro area to care for foster/adoptive families. Support gatherings, educational and special events, food pantry, clothing closet, online support.

embracecaresmn@gmail.com, www.embracefamilymn.org

Angela Checco de Souza, MSW

Adoption Education Facilitator

Children’s Home & LSS

1605 Eustis Street | Saint Paul, MN 55108 (I work out of my home in Pelican Rapids, MN)

angela.checcodesouza@chlss.org | 651.255.2206 | chlss.org

Proof Alliance (Formerly MOFAS)
(Fetal Alcohol Spectrum Disorder help)
www.proofalliance.org

FOSTER ADOPT MN (Formerly MNAdopt)
<https://www.fosteradoptmn.org/>

Families Rising (Formerly NACAC)
<https://wearefamiliesrising.org/>

Pacer Center
IEP - special needs help & webinars
www.pacer.org

The Reel Hope Project
thereelhopeproject.org

At The Reel Hope Project, we make videos of kids in foster care who are waiting to be adopted, using their videos to find a forever family for every child.

NORTH DAKOTA RESOURCES

Sherie Madewell-Buesgens, LCSW (Also an adoptive mom)
Sanford Traumatic Stress Treatment Center - Fargo
701-234-4585 (office number)

For the Children - Fargo
Royal Family Kids Camps
www.fargo.rfkcentral.com
Jase Kraft, Camp Director, 605-770-7731
ftcfargo@gmail.com

Royal Family Kids Camp is a 1 week summer camp for kids who have experienced abuse and/or neglect in the home. All kids that come to our camp have been removed from their biological mom & dad at least once. We provide 1 on 1 mentorship all week and PLAY with the campers with the goal of making childhood memories, showing the true love of Christ, showing the campers they are lovable, intelligent, kind, and worthy of good things.

Valley Christian Counseling and Wellness, Fargo, ND
Fargo, ND 701-232-6224

Ask about Adoption/Attachment/Trauma Counselors & OT practitioners
Lexi Kahnk, Pediatric OT (spoke at our retreat)
lkahnk@valleychristian.co
<https://valleychristian.co>

ABLE Games - Every April in Fargo

Able Games is the region's first all-inclusive function fitness competition, celebrating all abilities, from the highly skilled athlete to individuals with special needs

Rest & Rejuv

Retreat every November for moms of special needs children

Fargo, ND, Hope Lutheran Church North

Contact Judy Siegle, jsiegle@fargohope.org

Family Voices of ND & MN

Family Voices aims to achieve family-centered care for all children and youth with special health care needs and/or disabilities. Family Voices provides families tools to make informed decisions.

FAITH-BASED SUPPORT GROUPS

Detroit Lakes, MN, 4th Monday evening of every month, Lori Kenney, 701-238-8046

Fargo, ND, last Sunday evening of every month, Mallari Ackerman, 701-371-6514

Perham, MN, 2nd Monday of every month, Perham Library, Allison Olson, 218-205-0511

Minneapolis Metro, Embrace Family Network, FB: Embrace - Foster/Adopt/Special Needs Support, Jennifer Hanson, 651-353-6990

USA RESOURCES

Bryan Post

The love-based, family-centered principles and concepts offered by Bryan have been taught to more than one million parents and professionals around the world. You can receive a free copy of his best-selling adoption parenting book From Fear to Love by going to

<https://www.feartolove.com> and receive 14 Day Complimentary trial to Bondify by visiting Bondify.ai

<https://postinstitute.com/>

HopeForHurtingParents.com

Resources for parents hurting over their children's destructive choices

Attach.org - ATTACH is an international coalition dedicated to promoting awareness of trauma and attachment disorders in children and teens, and empowering caregivers and professionals to help them heal.

Karen Purvis Institute of Child Development

(Author of The Connected Child and TBRI - Trust Based Relational Intervention)

<https://child.tcu.edu>

Families by Design - Nancy Thomas (Attachment help)

<https://attachment.org/>

ADOPT US Kids

<https://adoptuskids.org/adoption-and-foster-care/parenting-support/support-services-by-state/minnesota>

Focus on the Family - Wait No More

Helping foster, adoptive and kinship families thrive in Christ

<https://www.waitnomore.org/>

CANADA

The Radish Ranch

(Help for Reactive Attachment Disorder)

www.theradishranch.org

Some recommended FB Pages:

- Preventing and Overcoming Blocked Care (For adoptive parents)**
- Fetal Alcohol Spectrum Disorder (FASD) Caregiver Success Support Group (FASDsuccess.com)**
- Embrace - Foster/Adopt/Special Needs Support (Minneapolis area)**
- Families Rising MN (Formerly Adoptive Foster Kinship Connections)**
- Foster Adopt Minnesota**
- ND Post Adopt Network**
- Parents of Adults with Developmental Disabilities and other support needs**
- Lakes Area Adoption Support (public and private FB Page)**